

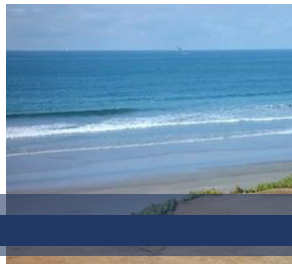


*Locals Guide to
North County
San Diego*

Take your travels from average to extraordinary!
This is your guide to behind the scenes tips and tricks to live as the locals do.



#AdventuresByTheSea



Locals Guide to North County San Diego

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Beer & Wine Enthusiast

Local Breweries

For a listing of all breweries and events in the San Diego beer community visit: sandiegobrewersguild.org

Pizza Port – Carlsbad (3.4 miles) Solana Beach (10.3 miles) Bressi Ranch (5.3 miles) [pizzaport.com]

The Lost Abbey – San Marcos [lostabbey.com] (11.2 miles)

Free (20 min) guided from every Saturday from 12–5 pm. Reservations are not required

Belching Beaver – Brewery Vista (7.9 miles) Vista Village Tavern & Grill (11.4 miles) [belchingbeaver.com]

Burgeon – Carlsbad [burgeonbeer.com] (3.5 miles)

Culver – Carlsbad [culverbeer.com] (4.6 miles)

Stone Brewing World Bistro & Gardens – Escondido (14.5 miles) [stonebrewing.com]

Tasting room in Oceanside (7.8 miles)

Ballast Point – Little Italy (30.4 miles) & Miramar (21.4 miles) [ballastpoint.com]

Bagby Beer Company – Oceanside [bagbybeer.com] (6.8 miles)

Local Wineries

Solterra Winery & Kitchen – Leucadia [solterrawinery.com] (5.0 miles)

Owner and Winemaker, Chris Van Alyea grew up in Sonoma County and has been making wine for the last 14 years from grapes sourced from Sonoma County, Lake County, Paso Robles, San Diego County, and Baja Mexico. The wines have garnered both Gold and Best of Class awards at top competitions in California

Carruth Cellars – Solana Beach (10.8 miles) & Carlsbad (3.6 miles) [carruthcellars.com]

Carruth Cellars is a fully operational urban winery, featuring hand-crafted, artisan wines. At their various tasting rooms, you will have the opportunity to taste and purchase premium, award winning wines made with grapes grown in California's beloved wine country.

Witch Creek Winery – Carlsbad [witchcreekwinery.com] (3.3 miles)

San Diego's oldest "Urban Winery" located in Carlsbad Village. Witch Creek specializes in making wines that range from Cabernet Sauvignon and Merlot to Teroldego and Barbera.



Beer & Wine Guided Tours

Scavengers Beer Adventure – Carlsbad [brewerytoursandiego.com]

Beer & BBQ tour includes: Swiss military transportation, 3 craft breweries, pickup/drop off in Carlsbad, behind the scenes production tour at 1 brewery, 12 oz. can of Ballast Point beer served in route, loads of craft beer samples at the 3 breweries, famous Phil's BBQ or That Boy Good for lunch and a Scavengers Souvenir 6 ounce tasting glass.

San Diego Beer & Wine Tours – Various Locations [lajollawinetours.com]

Expert guides will entertain you on a chauffeured scenic train tour, or walking tour while you savor fine wines or local craft beers paired with mouth-watering food. Tours run daily and year-round.

Foodie Tours

Carlsbad Food Tours – Carlsbad [carlsbadfoodtours.com] (3.8 miles)

Walking tours allow food lovers to explore what Carlsbad's restaurant scene has to offer including specialty foods, including the famous cinnamon rolls from Cafe Topes! The tours highlight the history of California wines, while you sip on some of the local favorites.

Indulgence Food Tour – Carlsbad [carlsbadfoodtours.com] (3.8 miles)

Can't decide which place to go to for lunch? Try them all and see for yourself what Carlsbad's food scene is all about. This tour is enough to provide lunch for most people, so bring your appetite!

Cook with Jason – Solana Beach [cookwithjason.com] (10.9 miles)

Take a delicious tour through Solana Beach, just steps from the Pacific Ocean. Your foodventure includes: a farmer's market tour, olive oil tasting, wine tasting or craft brewery tour/tasting, and a hands-on cooking class. Finish your cooking class with a meal you helped prepare utilizing fresh herbs from the garden.

Coffee Enthusiasts

Pannikin Coffee & Tea – Encinitas [pannikincoffeeandtea.com] (5.6 miles)

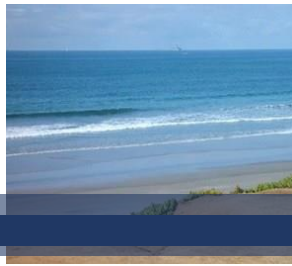
Located in a converted railroad station, this charming cafe offers a global selection of beverages.

Lofty Coffee – Encinitas [loftycoffee.com] (6.2 miles)

Lofty is a place for the community to gather to enjoy great food and drink sourced local grown organic sustainable products for an authentic experience.

Better Buzz Coffee Roasters – Encinitas [betterbuzzcoffee.com] (6.5 miles)

Take the sting out of your morning and visit Better Buzz for the freshest coffee, roasted right here in San Diego.



Local Farmers Markets

Solana Beach Farmers Market – [solanabeachfarmersmarket.com] (11.2 miles)

Sundays 1 pm to 5 pm

410 South Cedros Avenue at Rosa Street Solana Beach, CA 92075

A premier certified market with over 50 vendors offering artisan foods, organic produce, meats, seafood, cheese and an array of food trucks.

Carlsbad State Street Farmers' Market – [carlsbad-village.com/events] (3.9 miles)

Wednesdays 3 pm to 7 pm

State Street between Carlsbad Village Drive and Grand Avenue Carlsbad, CA 92008

Encinitas Farmers Market (6.5 miles)

Wednesdays 5 pm 8 pm (May — September) or 4 pm to 7 pm (October–April)

Corner of Vulcan and E Street in the parking lot of the Pacific Station Amtrak Station

Oceanside Sunset Market – Oceanside [mainstreetoceanside.com/sunset-market] (7.0 miles)

Thursdays 5 pm to 9 pm all year

So much more than a Farmers Market. This family-friendly event features Dorothy's KidZone with activities, food offerings, eclectic merchandise, gourmet packaged food and live entertainment.

Golf

The Crossings – [thecrossingsatcarlsbad.com] (1.8 miles)

Only a mile from the Pacific Ocean, the Crossings at Carlsbad offers a gentle ocean breeze and scenic panoramic views in all directions. The course was built along a nature preserve and was designed to complement the surrounding hills, valleys, and plateaus.

Torrey Pines Golf Course – [torreypinesgolfcourse.com] (17.7 miles)

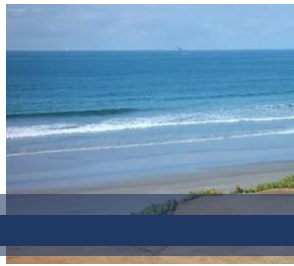
One of the most famous municipal courses in the country, "Torrey" was the sight of the U.S. Open in 2008, and will be again in 2021 . Both the North Course and the South Course offer challenging rounds and breathtaking views of the Pacific Ocean. We recommend the South Course. Much more difficult, but this is the course "The Open" is played, and you would be walking in the footsteps of tour greats like Tiger & Phil.

Aviara Golf Resort – [golfaviara.com] (3.8 miles)

Both Golf Digest and Golf Magazine have named this Arnold Palmer designed golf course one of the best golf resort courses in America. Many San Diego golfers and visitors alike consider Aviara golf as being the best golf in San Diego.

Encinitas Ranch – [jcgolf.com] (5.7 miles)

For golfers of all abilities, La Costa is a dream come true. At La Costa, you can experience the courses which have challenged the PGA Tour's finest for over thirty years.



Mind & Body Wellness

Floating Yogis – Carlsbad [floatingyogis.com] (3.2 miles)

If you love the natural healing effects of the water, along with the many physical and emotional benefits of yoga, then Stand Up Paddleboard Yoga is for you!

Mantra Yoga & Juice Bar – Carlsbad [discovermantra.com] (0.5 miles)

Mantra is the original yoga studio and juice bar, providing fitness and nutrition in one location.

CorePower Yoga – Encinitas [corepoweryoga.com] (6.3 miles)

This location houses two large and luxurious yoga rooms as well as a range of amenities including changing rooms with showers, private lockers and a full retail boutique showcasing men's & women's active wear and accessories.

Soul of Yoga – Encinitas [soulofyoga.com] (6.4 miles)

Re-Discover the Yogi in you with the most yoga styles in Encinitas and San Diego; Hatha Yoga, Kundalini Yoga, Yin Yoga, Vinyasa, Restorative Yoga, Mommy and Me, Prenatal, Power Yoga, Barre and MORE!

Meditation Gardens – Encinitas [encinitastemple.org] (7.1 miles)

Internationally renowned gardens offer a diversity of colorful plants, meditation nooks, koi ponds, and spectacular ocean vistas – providing a unique inspirational setting where one can pray, study, meditate, or just sit and enjoy nature.

Local Attractions & Family Fun

LEGOLAND – Carlsbad [legoland.com/california] (2.1 miles)

More than 60 rides, shows and attractions for family fun. Legoland also offer seasonal attractions including; LEGOLAND Water Park, Sea Life Aquarium, VIP experiences and holiday events.

San Diego Zoo Safari Park – Escondido [sdzsafaripark.org] (28.4 miles)

Park admission includes the Africa Tram, for an additional charge you can upgrade to various safari experiences including: up close and personal Caravan or Cart Safaris, Cheetah VIP Experience, or adventurous Flightline or Jungle Ropes adventures.

SeaWorld San Diego – San Diego [seaworld.com/san-diego] (29.4 miles)

For a once in a life time experience check out the Penguin Up-Close Tour and venture behind the scenes of the state of the art facility to learn about extraordinary birds and how they adapt to the harsh Antarctic climate. SeaWorld's incredible Dolphin Encounter allows you to touch and feed bottlenose dolphins and learn hand signals used to communicate with them.

San Diego Zoo – San Diego [zoo.sandiegozoo.org] (33.1 miles)

The World-Famous San Diego Zoo is a must see on your trip to San Diego. We recommend taking your visit to the next level with Early Morning with Pandas or Backstage Pass (for an additional fee)

K-1 Speed – Carlsbad [k1speed.com] (3.3 miles)

If you're looking for a fun and thrilling experience that you'll never forget check out K-1's indoor go-karts. Each



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race lasts for roughly 10 minutes and may include as many as 12 drivers. Racing helmets, head socks, and instruction for first time racers is provided.

House of Air – Carlsbad [houseofair.com] (4.6 miles)

House of Air is an indoor trampoline park located in a historic airplane hangar. The recreational facility is host to open trampoline jump time, aerial and physical training on trampolines, trampoline dodgeball, and fitness classes

iFly – Oceanside [iflyworld.com/oceanside] (6.1 miles)

Indoor skydiving facility gives you the rush of skydiving in a fun, safe and thrilling environment. For ages 3 to 103!

Shopping & Antiquing

Cedros Design District – [cedrosavenue.com] (11.2 miles)

Take your time, explore the enchanting 2 1/2 blocks of Cedros Avenue with more than 85 one of a kind shops, boutiques and galleries, plus, unique Home and Garden stores, that have made Cedros "the Avenue with Everything". The Cedros Avenue Design District in North County is also home to many renowned architects, builders, designers and interior decorators. Boutique Shops we love: Cedros Soles & Leaping Lotus

Carlsbad Village Art & Antique Mall – [carlsbadantiques.com] (3.8 miles)

Carlsbad Village Art & Antique Mall is a North San Diego County must-do shopping experience. With 15,000 square feet and over 100 dealers, a fun, ongoing street faire atmosphere rules the day. Just walking through is a fascinating journey.

Museums & Art Galleries

Maritime Museum – San Diego [sdmaritime.org] (31.6 miles)

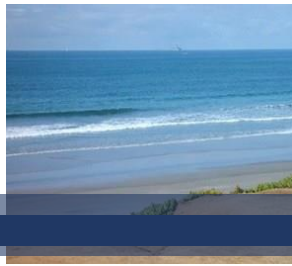
Tours are led by trained and knowledgeable museum staff who bring history to life through storytelling and reenactment. Tours typically encompass visits to a number of ships including Star of India, HMS Surprise, B-39 Submarine, the 1898 Berkeley and the 1904 Medea as well as our galleries and exhibits which display a wide variety of maritime topics.

Oceanside Historical Society – Oceanside [oceansidehistoricalsociety.org] (6.9 miles)

The Oceanside Historical Society features downtown history walks on the second Saturday of each month beginning at 9:00 a.m. Walks are free and open to everyone and are pleasantly paced so folks of all ages can participate. The tour takes about 2 hours.

California Surf Museum – Oceanside [surfmuseum.org] (7.1 miles)

The Museum features a display of many unique pieces of surfing memorabilia, including a display dedicated to Bethany Hamilton who lost her arm in a shark attack off the coast of Hawaii. The display includes the board that Hamilton was riding at the time with a large piece missing where the shark bit off Hamilton's arm.



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Aaron Chang Gallery – Solana Beach [aaronchang.com] (32.0 miles)

An artist owned gallery by the leading world renowned surfing photographer for over 25 years. Featuring an array of mediums from large format photographs, to art wrapped surfboards and beyond.

Oceanside Museum of Art – Oceanside [oma-online.org] (7.0 miles)

Great small town art museum with fantastic art exhibits from local artists. The museum boasts a variety of eclectic collections that are constantly evolving,

Museum of Making Music – Carlsbad [museumofmakingmusic.org] (0.9 miles)

Visiting the Museum of Making Music is more fun with a group of friends! Tours add depth, insight and interesting anecdotes to your experience. Tours typically last between one to two hours (depending on the size of your group).

USS Midway Museum – San Diego [midway.org] (31.9 miles)

You'll explore a floating city at sea and relive nearly 50 years of world history aboard the longest serving Navy aircraft carrier of the 20th century. Family oriented activities for all ages abound: two types of flight simulators, music videos, short films, climb-aboard aircraft and cockpits, interactive exhibits, " Ejection Seat Theater, " and much more.

Gemological Institute of America – Carlsbad [gia.edu] (1.1 miles)

Tours are available Monday through Friday, the schedule varies so please call ahead (760) 60341 16, or email Guestservices@gia.edu. All of the tours are complimentary and tours require a reservation.

The Flower Fields (Seasonal) – Carlsbad [theflowerfields.com] (0.1 miles)

Guided Tour and Wagon Ride Includes: history of The Flower Fields, planting process and growing cycle, description of the varieties of flowers grown, and time to browse and shop at the Armstrong Garden Center and Gift Shop. Group tour reservations are required. For Reservation (760) 930 – 9123 ext. 118

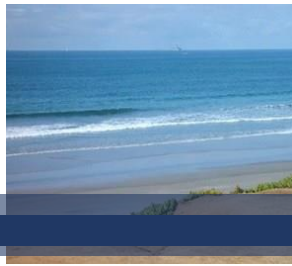
Outdoor Adventures

Oceanside Adventures Whale & Dolphin Tours – Oceanside [oceansidewhalewatching.com] (8.9 miles)

Sail out for an AWE inspiring adventure of Dolphin and Whale Watching in Oceanside. Trips are 2 hours and are great for all ages and anyone who loves the ocean or the wildlife we may encounter.

Torrey Pines– Gliderport – Torrey Pines [flytorrey.com] (19.4 miles)

Take flight in Hang gliding or Paragliding at this awesome ocean-front look out point or watch from the sidelines as adrenaline seekers sore of the cliff. You can enjoy either tandem paragliding or tandem hang gliding from the cliffs of Torrey Pines. You'll enjoy an incredible 20–25 minute flight over the beautiful Torrey Pines coastal cliffs. You'll get a bird's eye view of the emerald Torrey Pines Golf Course, the stunning mansions on the cliffs, and miles of dramatic coast line. Sitting on the sidelines? Not to worry, there is plenty of action going on to keep you entertained. The Cliffhanger Café is located high atop the sea cliffs of Torrey Pines. Diners are treated to a breath-taking view of the Pacific Ocean as it spans from the beach 320 feet below, all the way to the horizon.



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Dolphins and whales can be seen from the cliffs. The paragliders and other planes launching right in front of the outdoor dining area make it a truly unique dining experience.

Carlsbad Watersports/Agua Hedionda Lagoon – Carlsbad [carlsbadlagoon.com] (2.1 miles)

Spend a day on the lagoon waterskiing, wakeboarding, jet skiing, kayaking, or stand up paddle boarding.

Bike the 101

Experience a gorgeous ride on the Southern California coast along the classic Coast Hwy 101. Through San Diego and its suburbs, the route follows residential streets and bike paths to the Coronado Pedestrian–Bicycle Ferry, which takes you to Coronado and a bike path along the Silver Strand State Beach, the to the route's end at the Border Field State Park next to the Mexican Border. We have beach cruisers for rent for both children and adults! See the bellman or our concierge for details, pricing and trail maps.

NiKaro Outdoors Bike Tours – [nikaroutdoors.com]

Tours include but are not limited to:

The Mile Marker – A guided bike tour with ocean views. Travel 30 mile through Carlsbad, Leucadia, Encinitas, Cardiff–by–the–Sea with the turnaround near Del Mar Race Track.

Cool Runnings – A guided bike tour with ocean views. Travel 20 mile through Carlsbad and Leucadia with the turnaround near Cardiff–by–the–Sea.

Hiking

The Batiquitos Lagoon – Easy, 6 miles, start at 7380 Gabbiano Lane

Moonlight Beach Run – Moderate, 9 miles, start at Moonlight State Beach on Encinitas Boulevard

Torrey Pines Stat Beach – Moderate, 3 mile loop, start at 12600 North Torrey Pines Road. \$15 to park in the lot, but you can try parking along North Torrey Pines Road or Carmel Valley Road.

Mt. Woodson – Difficult, 6.4 miles, start at Lake Poway Recreation Area on Lake Poway Road

Mission Bay Loop – Moderate, 11 miles, start at Clairemont Drive and Mission Bay Drive. Great for biking as well.

Balboa Park Trail – Easy, 1.5-4 miles, start at Sixth Avenue and Upas Street

Sea Life Exploration

Birch Aquarium – La Jolla [aquarium.ucsd.edu] (20.5 miles)

Encounter a dazzling variety of marine life from the cold waters of the Pacific Northwest to the tropical seas of Mexico and the South Pacific. Also experience our outdoor tide–pool plaza overlooking the sparkling Pacific Ocean and our engaging museum featuring exhibits which highlight the latest research by Scripps explorers

Ocean Discovery Lab – [aquarium.ucsd.edu/teachers/school-programs/book-a-program] (20.5 miles)

This is a special hands–on program designed for guests with a sense of curiosity. Where you can explore the behavior and natural history of live marine animals with an experienced instructor. This hands–on program also includes a visit to the aquarium afterwards. This program may be booked Monday through Friday only, and is based on classroom availability. Group rates plus \$85 program fee. Maximum 20 people.



Agua Hedionda Lagoon & Discovery Center – Carlsbad [aguahedionda.org/discovery-center] (2.4 miles)

Exhibits include: Birds of Agua Hedionda Lagoon, History Hall, The Column of Life, Reptile Room, Native Plant Garden, and the Luiseno History and Cultural Exhibit

Tide Pools & Caves La Jolla Tide – Ja Jolla (23.7 miles)

For tips on visiting visit the lajollamom.com/la-jolla-tide-pools blog.

Shell Beach Tide Pools – La Jolla [sandiegocoastlife.com/attractions] (23.1 miles)

Located at the south end of Ellen Browning Scripps Park in La Jolla at the bottom of a small cement stairway. On a good day at low tide, you can see many people exploring the tide pools. The glistening water and gentle breeze make for a refreshing experience.

La Jolla Caves – [cavestore.com] (22.7 miles)

Home of the world famous Sunny Jim Sea Cave. The cave has a manmade tunnel that you can access through the cave store. Adult are \$5, children 16 and under are \$3.

Kayak the Caves – [lajollaseacavekayaks.com] (22.0 miles)

Explore the 7 caves with La Jolla Sea Cave Kayaks, LLC. In a single tour you will experience southern California's surf culture, observe dozens of species of marine animals, and visit 4 different marine environments: sandy beach, rocky coast, kelp forest, and open ocean – each with it's unique characteristics and wildlife viewing opportunities.

Surfing

Hansen's Surf Shop – Encinitas [hansensurf.com] (6.9 miles)

The family-owned shop has been expanding over the last several decades and has solidified itself as an integral part of the community. The 16,000-square-foot surf shop is the largest in San Diego, California, and was founded by surfboard shaper Don Hansen.

Swami's – Encinitas [californiabeaches.com/beach/swamis-beach] (7.2 miles)

Swami's is an internationally known surfing spot, a point break located in Encinitas, San Diego County, California.

Hang Zen Surf School – [hangzensurfschool.com] (5.5 miles)

Hang Zen Surf School welcomes you to experience one of the most exciting and rewarding sports in the world. To many people, surfing is more than just a sport. It is a way of life, a philosophy, and a spiritual pursuit. Surfing has long been the quintessential Southern California past time forming the cornerstone of a free-spirited and carefree existence.